



Semaglutide

A safe and effective way to help you through your weight loss goals.

SEMAGLUTIDE can safely bring you the weight loss you desire. Semaglutide is a peptide made of a series of amino acids.

In conjunction with a recommended diet and exercise program which will be discussed at your initial telehealth visit, semaglutide can significantly enhance your weight loss. You can expect to speed up weight loss by up to 15% over a 3-6-month period. Individuals who are overweight or obese and achieve significant weight loss and can reduce their blood pressure, LDL, triglycerides, blood sugar as well as prevent Type 2 diabetes. If you have pre-diabetes, diabetes, high blood pressure, and or elevated LDL, this medication can help treat and reverse these conditions. Most weight loss will occur within the first 6 months of your semaglutide weight loss plan. The medication is generally well tolerated and can continue to be part of your weight loss regime until your desired goal is reached.

During your initial telehealth consultation, we will obtain a full medical history and we will discuss your weight loss goals and lifestyle. Your height, weight and BMI will also be recorded. You will self-administer the medication once weekly with a syringe attached to a very short, thin needle, under the skin. Your practitioner will instruct you during your first visit. You will have a telehealth follow-up appointment each week where your dose will be adjusted depending on your progress.

WHAT DOES SEMAGLUTIDE DO:

- Controls Appetite
- Decreases Emptying Time of the Stomach
- Reduces Food Cravings
- Stimulates Insulin Secretion
- Lowers Blood Sugar

Semaglutide is a glucagon like peptide (GLP1) which positively affects the reward pathway. This medication was originally developed for the treatment of Type 2 diabetes and has now been approved by the FDA for people with obesity and/or at least one obesity related comorbidity such as several cardio metabolic disorders which drives significant morbidity and premature mortality.

FAQ:

How does it work?

Semaglutide controls the appetite through the GLP1 receptors in the brain.

GLP1 is a hormone and acts upon cells in the GI tract where it stimulates the release of insulin. It controls appetite by slowing the emptying time of the stomach.

Is it Safe:

Studies have shown that once weekly dosing of 2.4 semaglutide provides safe, well tolerated, and substantial weight loss for individuals who are overweight or are obese.

Is it FDA approved:

2.4 mg weekly injection has been approved by the U.S. FDA as of June 2021 for the chronic management of people who are obese, overweight, and at least one weight related comorbidity.

What are the Side Effects?

Mild to moderate side effects can occur including nausea, vomiting, constipation, and stomach pains. These side effects are typically short lived.

*Note: please notify your us if you are experiencing any of these side effects.

Are there other benefits of Semaglutide?

Other benefits may include:

- Neuroprotective Benefits
- Improved Fertility
- Treatment of PCOS
- Smoking Cessation
- Cardiovascular Benefits